**Trauma Statistics**



Recent clinical studies and brain imaging research has conclusively linked emotional trauma and addictions.

* A research study by Brown found that over 90% of those with drug and alcohol problems have underlying emotional trauma, with 54% diagnosed with posttraumatic stress disorder (PTSD).
* The National Institute of Health found that 40% of patients in inpatient substance abuse treatment were also diagnosed with PTSD.
* Between 60% and 70% of Vietnam combat veterans with PTSD are also diagnosed with alcohol and/or drug abuse problems.
* More soldiers that served in the Vietnam War have now died from drugs and suicides (62,000) than were killed during the war (58,000).
* In research conducted by Spak, sexual abuse in childhood was found to be the strongest predictor of later alcohol and drug abuse.
* The National Center on Addiction and Substance Abuse reports exposure to trauma puts an individual at four to five times greater risk of substance abuse.
* Over 60% of women in inpatient drug treatment reported a history of childhood sexual abuse.
* Several studies found that over 80% percent of all those entering substance abuse treatment report a history of childhood abuse or neglect.
* Over 90% of us will experience significant emotional trauma, and 15% of us will develop PTSD at least once in our lifetime.

If you suffer from PTSD or emotional trauma, our Los Angeles area rehab center offers a comprehensive clinical trauma program to help those with unresolved or complicated emotional trauma